



Listen

LOVE

REPEAT

REDISCOVER THE JOY OF
PUTTING OTHERS FIRST



KAREN EHMAN

New York Times Bestselling Author

In this six-session video Bible study, Karen Ehman, *New York Times* bestselling author of *Keep It Shut*, helps you rediscover the life-changing joy that comes from putting others first. In a culture that tells us a me-first, you-second way of living is the key to happiness, Ehman explains that the key to moving forward in almost every facet of your life is to embrace backward living.